

*Do you:*  
have **hearing loss** or are you **deaf**?  
feel **lonely** or **isolated**?

Please contact Becky at  
**[becky@deafinitelywomen.org.uk](mailto:becky@deafinitelywomen.org.uk)**, or telephone  
the office on 01773 828233 or text: 07579 809 766  
to find out more or make a referral.

*If so, our Social  
Connectors can  
support and  
empower you!*



*Do you:*

- ✿ Want to **feel more confident** with using technology, e.g. **emails, social media, zoom?**
- ✿ Like to **meet/connect with other deaf women?**
- ✿ **Learn new skills** e.g. cooking, crafts, DIY, sports etc?

*If so, our Social Connectors  
can support and empower you!*



Deaf, deafblind and hard of hearing women have told us they can feel isolated and lonely all or some of the time – even if they have lots of people around them.

### **Our Social Connectors:**

- ✿ can work with you to help you develop skills, meet new people and connect socially with others.
- ✿ are deaf, deafblind or hard of hearing themselves and you will be matched with someone who uses your preferred communication method (e.g. BSL, speech etc.)

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